

Our Vision Statement Where Happy Learners Grow

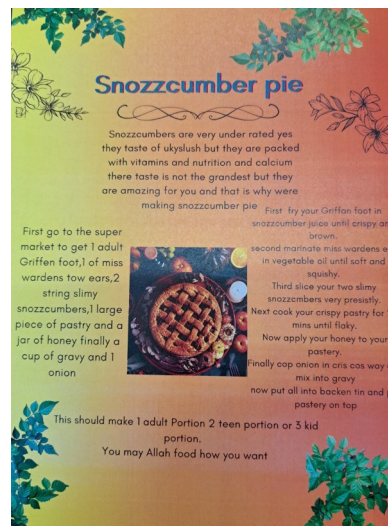
Helston Museum

Primrose Class had a fantastic time at Helston Museum of Cornish Life yesterday afternoon! We took part in detective trails around the museum - spotting mythical creatures, types of rock, portraits and photographs. The final part was a visit to the Victorian Classroom; where we took turns role -playing teachers and pupils. Luckily the canes were locked in a cabinet and there was no dunce hat to be seen! The children were so well behaved and represented the school brilliantly!



Mohegan BFG English Work

In English this week we have been working on recipes using the 'disgustorous and rotsome' snozzcumber from the BFG. The children then used Canva to produce their recipes. I think the look fantastic!



Good Manners Table

Well done to the second table of extra well-mannered Coverack pupils who enjoyed a milkshake treat with their lunches today: Poppy, Tallulah, Noah, Merryn, George and Rosie.



Stars of the week



Primrose Class : Tallulah for a fantastic attitude to learning and for helping others

Mohegan Class : Evie for mature behaviour and leading by example

Well done everyone we are so proud of you all.

Harvest Festival

Coverack School Harvest Festival will be taking place on Wednesday 18th October at 2:15pm at St Peters Church.

This year we will be collecting for the local food bank. We would be grateful for donations.

The Local Food bank is asking for tinned meat, soup, pasta sauces, small boxes of tea, small jars of coffee and dried milk powder.

They have plenty of pasta, cereals, tuna and baked beans.

Sailor of the Week

Sailor of the week goes to George for supporting others

and

Evie for being brave and generous of spirit



Change of Menu

On Thursday 19th October there will be a change to the menu.

The menu will be

Tomato Pizza with Potato Wedges
Hot Tomato Pasta
Jacket Potato with Cheese or Beans

Sports Star of the Week

Suki for great effort in PE

And

Isla-Blue for brilliant participation

Sailing

It was the last sailing session of the autumn term this week. Mrs Peters and I reflected on how amazing the children have been this term. We have seen people overcoming their fears, some of our experienced sailors showing generosity in giving their time and support to the inexperienced sailors and the absolute joy on the faces of the children at being on the water. Roll on the summer term!

Attendance Counts

Your child's attendance in school does matter although we do understand young children are often poorly! We are happy to administer Calpol at school.

This week's attendance:

Primrose: 89.9%

Mohegan: 87.5%

Whole School: 89.3%

Together for Families

Early Help Parenting Newsletter – Autumn 2023

Free information, support and guidance for parents and carers.

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 033 123 1116.

Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. More information about our parenting support on offer can be found at: www.cornwall.gov.uk/parenting

The programmes currently available are:

- **Being Passionate About Parenting Early Years** –1-3 years (3 x 2-hour sessions)
- **Being Passionate About Parenting** – 4-11 years (3 x 2-hour sessions)
- **Take 3** – Supporting Teenagers 12-17 years (5 x 2-hour virtual sessions or 10 x 2-hour face to face sessions)
- **Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.
- **Understanding your child with additional needs** – a self-guided course accessed through Solihull: <https://inourplace.heiapply.com/online-learning/course/36>

To access the course, please register for an account using the code TAMAR

Social Prescribing Cornwall

Linking people with non-clinical sources of support within the community.

www.socialprescribingcornwall.org.uk

Hunrosa

Sleep is essential for our children to grow, learn, promote immunity and good mental health. Children with neurodiversity are likely to find sleep more difficult. Hunrosa have experience and expertise in supporting families, so come to our friendly sleep session to learn about ways you can help your child to sleep better. Please contact your Healthcare Provider should you wish to have them refer you for sleep services. <https://hunrosa.co.uk/>

Kooth & Qwell

Kooth offer free, safe and anonymous mental health support for young people aged 11-19 years. <https://www.kooth.com/>

Qwell offers mental health support for ALL parents and carers of all ages as well as 19-25 years. <https://www.qwell.io/>

Headstart Kernow

Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

www.headstartkernow.org.uk

Just for Dads

For information tailored just for you check out:

www.supportincornwall.org.uk/fordads

[DadPad | The Essential Guide for New Dads | Support Guide for New Dads \(thedadpad.co.uk\)](http://www.dadpad.co.uk)

Solihull Online

FREE access to self-guided parenting courses for parents and carers in Cornwall and the Isles of Scilly. www.inourplace.co.uk Free Access Code: TAMAR

SPACE

Want to support and understand your child's emotions as well as our own? Why not attend FREE Supporting Parents and Children Emotionally (SPACE) sessions. For more information and/or to register your interest please email: space@cornwall.gov.uk

Supporting Healthy Relationships

Reducing conflict between parents is one of the most effective ways to improve the lives of their children – including mental health and emotional stability, behaviour, helping them to do better in school, and improving the quality of their life long-term.

To find out more on Supporting Healthy Relationships including helpful resources and future courses, please visit: www.cornwall.gov.uk/parenting

Family Information Service

For useful parenting information, updates on parenting programmes and Parenting Podcasts please access the Family Information Service website www.supportincornwall.org.uk

Homestart Kernow

Parents can struggle at one time or another, you are not alone. Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be. www.homestartkernow.org.uk

Reconnect/The Susie Programme

Believe in children. SAFER FUTURES. Ending Abuse. Change a life of Safety.

Giving children the time, space, and skills to have a loving relationship with themselves and others following Domestic Abuse. As well as providing adults with a support programme to enable you to positively move forward with your life.

www.saferfutures.org.uk/online-referral/

Citizens Advice

Giving people the knowledge and confidence, they need to find their way forward - whoever they are, and whatever their problem - AdviceLine: 0800 144 8848 or text the word ADVICE to 78866 and they will call you back within 48 hours (excluding weekends). www.citizensadvice.org.uk

Neurodiversity Videos

Some short videos around neurodiversity.

Adolescents with ADHD: www.youtube.com/watch?v=uGSHcHcVnIo
Walk in My Shoes: www.youtube.com/watch?v=KSKvzFTLv8

For more information on Neurodiversity go to:

www.pdasociety.org.uk
www.adhdfoundation.org.uk
www.autism.org.uk
www.bridgingtheneurodivide.com

Important Dates for Diary

Monday 16th Oct – Primrose Parents Evening with Mrs Shainberg

Tuesday 17th Oct—Mohegan Parents Evening

Wednesday 18th Oct—Mohegan Parents Evening

Wednesday 18th Oct - Harvest Festival in the Church, 2.15pm

Thursday 19th Oct—Mohegan Parents Evening and Primrose Parents Evening with Mrs Dowker

Thursday 19th Oct—Change of Menu

Friday 20th Oct—Inset Day

Monday 23rd - Friday 27 Oct - Half Term

Monday 23rd and Tuesday 24th October DT Coaching Sports Camp

Monday 30th Oct -Return to School

Tuesday 31st Oct— Primrose Trip to Tregullas Farm

Thursday 2nd November - Individual School Photos

Thursday 9th November—Parent and Child Aspens Free Taster Session from 3:15, details to follow.

Wednesday 13th Dec - Christmas Performance 2pm & 6 pm

Thursday 14th Dec—Hall for Cornwall

Tuesday 19th Dec— End of term

Generosity

Our new value for this half term is Generosity. We will be reflecting on the meaning and how we can be generous citizens. Staff and children will be looking out for people who are acting generously in school and it would be great if you could discuss the meaning of this value at home.

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100