**Coverack Primary School PSHE Curriculum Overview**

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AI-generated content may be incorrect.

As a small school we follow a Four Year Cycle for Two Class Schools designed by SCARF to ensure pupils of all ages develop their knowledge and understanding.

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| **PRIMROSE CLASS** | | | |
| **CYCLE 1** | **CYCLE 2** | **CYCLE 3** | **CYCLE 4** |
| **Me and My Relationships**   * All about me (R) * My feelings (R) * Why we have classroom rules (Y1) * Our ideal classroom (1) (Y2) * Looking after our special people (Y3) | **Me and My Relationships**   * Me and my special people (R) * How are you listening? (Y1) * Good friends (Y1) * How are you feeling today? (Y2) * As a rule (Y3) * How can we solve the problem? (Y3) | **Me and My Relationships**   * Who can help me (R) * Thinking about feelings (Y1) * Our feelings (Y1) * Types of bullying (Y2) * Don’t do that (Y2) * Friends are special (Y3) | **Me and My Relationships**   * All about me (R) * What makes me special (R) * Feelings and bodies (Y1) * Let’s all be happy! (Y2) * Being a good friend (Y2) * Thunks (Y3) |
| **Valuing Differences**   * I’m special, you’re special (R) * Same or different? (Y1) * Unkind, tease or bully? (Y1) * What makes us who we are (Y2) * Respect and challenge (Y3) * Family and friends (Y3) | **Valuing Differences**   * Same and different families (R) * Same and different homes (R) * Harold’s school rules (Y1) * My special people (Y2) * How do we make others feel? (Y2) * My community (Y3) | **Valuing Differences**   * I am caring (R) * It’s not fair (Y1) * When someone is feeling left out (Y2) * An act of kindness (Y2) * Our friends and neighbours (Y3) * Let’s celebrate our difference (Y3) | **Valuing Differences**   * Same and different (R) * I am a friend (R) * Who are our special people? (Y1) * Our special people balloons (Y1) * Solve the problem (Y2) * Zeb (Y3) |
| **Keeping Myself Safe**   * What’s safe to go onto my body (R) * Super sleep (Y1) * Harold’s picnic (Y2) * How safe would you feel? (Y2) * Safe or unsafe? (Y3) * Danger or risk? (Y3) | **Keeping Myself Safe**   * Keeping myself safe – what’s safe to go into my body (inc. medicines) (R) * Who can help (1) (Y1) * Good or bad touches (Y1) * What should Harold say? (Y2) * I don’t like that (Y2) * The risk robot (Y3) | **Keeping Myself Safe**   * Safe indoors and outdoors (R) * Listening to my feelings (R) * Sharing pictures (Y1) * Fun or not? (Y2) * Help or harm (Y3) | **Keeping Safe**   * Keeping safe online (R) * People who help to keep me safe (R) * What could Harold do? (Y1) * Me and my body – girls and boys (Y1) * Should I tell? (Y2) * Super searcher (Y3) |
| **Rights and Respect**   * Looking after my special people (R) * Harold has a bad day (Y1) * Around and about the school (Y1) * Playing games (Y2) * Harold saves for something special (Y2) * Helping each other to stay safe (Y3) | **Rights & Respect**   * Looking after money (1): recognising, spending, using (R) * Looking after money (2): saving money and keeping it safe (R) * Taking care of something (Y1) * Feeling safe (Y2) * Recount task (Y3 * Earning money (Y3) | **Rights & Respect**   * Looking after my friends (R) * Being helpful at home and caring for our classroom (R) * Basic first aid (Y1) * How can we look after our environment? (Y2) * Our helpful volunteers (Y3) * Can Harold afford it? (Y3) | **Rights & Respect**   * Caring for our world (R) * Harold’s money (R) * How should we look after our body? (Y1) * Getting on with others (Y2) * When I feel like erupting (Y2) * Harold’s environmental project (Y3) |
| **Being My Best**   * Bouncing back when things go wrong (R) * Yes I can (R) * I can eat a rainbow (Y1) * You can do it! (Y2) * My day (Y2) * Poorly Harold (Y3) | **Being my best**   * My healthy mind (R) * Eat well (Y1) * Pass on the praise (Y1) * Harold’s Postcard – helping us to keep clean and healthy (Y2) * Basic first aid (Y2) * Body team work (Y3) | **Being My Best**   * Move your body (R) * Healthy eating (R) * Harold learns to ride his bike (Y1) * Harold’s bathroom (Y2) * Top talents (Y3) * For or against? (Y3) | **Being My Best**   * A good night’s sleep (R) * Harold’s wash and brush up (Y1) * Catch it! Bin it! Kill it! (Y1) * What does my body do? (Y2) * Derek cooks dinner! (healthy eating) (Y3) * I am fantastic (Y3) |
| **Growing and Changing**   * Life Stages – plants, animals, humans (R) * Life stages: Human life stage – who will I be? (R) * Healthy me (Y1) * A helping hand (Y2) * Relationship tree (Y3) * Body Space (Y3) | **Growing and Changing**   * Seasons (R) * Then and now (Y1) * Who can help (2) (Y1) * Sam moves away (Y2) * None of your business (Y3) * Secret or surprise? (Y3) | **Growing and Changing**   * Where do babies come from? (R) * Taking care of a baby (Y1) * Surprises and secrets (Y1) * Haven’t you grown! (Y2) * My body, your body (Y2) * My changing body (Y3) | **Growing and Changing**   * Getting bigger (R) * Me and my body – girls and boys (R) * Keeping privates private (Y1) * Respecting privacy (Y2) * Some secrets should never be kept (Y2) * Basic first aid (Y3) |

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| **PSHE Economic Understanding** | **PHSE Technology and Media** | **PSHE Wider Safety** |
| * Recognising money: coins, notes, cards * Using money in day-to-day provision, eg paying for fruit and role play activities * How money is obtained: earned, gift, prize, borrowed. * Keeping money safe * Needs V wants * Jobs and how money is earned and paid. | * Learning to use technology safely in all areas of learning and life * Internet safety * Finding information safely * Understanding adult supervision. | * Road and rail safety * Fire/firework safety * Deep water dangers * Safe use of equipment * Keeping safe in unfamiliar places * Safe us of medicines * Emergency situations and calling for help |

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| **MOHEGAN CLASS - KEY STAGE 2** | | | | | |
| **CYCLE 1** | **CYCLE 2** | | **CYCLE 3** | | **CYCLE 4** |
| **Me and My Relationships**   * Ok or not ok? (part 1)(Y4) * Ok or not ok? (part 2) (Y4) * Our emotional needs (Y5) * Being assertive (Y5) * Behave yourself (Y6) * Assertiveness skills (Y6) | **Me and My Relationships**   * An email from Harold! (Y4) * Different feelings (Y4) * Collaboration challenge (Y5) * Give and take (Y5) * Don’t force me (Y6) * Acting appropriately (Y6) | | **Me and My Relationships**   * Human machines (Y4) * Under pressure (Y4) * How good a friend are you? (Y5) * Relationship cake recipe (Y5) * Working together (Y6) * Solve the friendship problem (Y6 | | **Me and My Relationships**   * When feelings change (Y4) * Communication (Y5) * Let’s negotiate (Y6) * Dan’s day (Y6) |
| **Valuing Differences**   * The people we share our world with (Y4) * That is such a stereotype! (Y4) * Qualities of friendship (Y5) * Kind conversations (Y5) * Advertising friendships (Y6) * Boys will be boys? – challenging gender stereotypes (Y6) | **Valuing Difference**   * Friend or acquaintance? (Y4) * Islands (Y4) * Is it true? (Y5) * Start, stop, stereotypes (Y5) * Ok to be different (Y6) * We have more in common than not (Y6) | | **Valuing Difference**   * Can you sort it? (Y4) * What would I do? (Y4) * Happy being me (Y5) * The land of the red people (Y5) * Respecting differences (Y6) * Tolerance and respect for others (Y6) | | **Valuing Difference**   * It could happen to anyone (Y5) |
| **Keeping Safe**   * Picture wise (Y4) * Medicines: check the label (Y4) * Vaping: healthy or unhealthy? (Y5) * Would you risk it? (Y5) * Rat Park (Y6) * What sort of drug is…? (Y6) | **Keeping Safe**   * Danger, risk or hazard? (Y4) * How dare you! (Y4) * Spot bullying (Y5) * Play, like, share (Y5) * Drugs: it’s the law! (Y6) * Alcohol: what is normal (Y6) | | **Keeping Safe**   * Keeping ourselves safe (Y4) * Raisin challenge (Y4) * Decision dilemmas (Y5) * Ella’s diary dilemma (Y5) * Think before you click? (Y6) * To share or not to share? (Y6) | | **Keeping Safe**   * Know the norms (Y4) * Traffic lights (Y4) * ‘Thunking’ about habits (Y5) * Drugs: true or false? (Y4) * Smoking: what is normal? (Y6) * Joe’s story (part 1) (Y6) * Joe’s story (part 2) (Y6) |
| **Rights and Respect**   * Safety in numbers (Y4) * Why pay taxes (Y4) * What’s the story? (Y5) * Fact or opinion(Y5) * Democracy in Britain 1 – Elections (Y6) * Democracy in Britain 2 – How (most) laws are made (Y6) | **Rights and Respect**   * Who helps us to stay healthy and safe? (Y4) * It’s your right (Y4) * Spending wisely (Y5) * Lend us a fiver! (Y5) * Two sides to everY story (Y6) * Fakebook friends (Y6) | | **Rights and Respect**   * How do we make a difference? (Y4) * In the news! (Y4) * Mo makes a difference (Y5) * Rights respect and duties (Y5) * What’s it worth? (Y6) * Happy shoppers – caring for the environment (Y6) | | **Rights and Respect**   * Harold’s expenses (Y4) * Logo quiz (Y4) * Local councils (Y5) * Jobs and taxes (Y6) * Action stations! (Y6) * Project Pitch (parts 1&2) (Y6) * Community art (Y6) |
| **Being My Best**   * What makes me ME! (Y4) * Making choices (Y4) * Star qualities? (Y5) * Basic first aid, inc. Sepsis awareness (Y5) * This will be your life! (Y6) * Our recommendations (Y6) | **Being my Best**   * My school community (1) (Y4) * Basic first aid (Y4) * It all adds up! (Y5) * Different skills (Y5) * What’s the risk? (1) (Y6) * What’s the risk? (2) (Y6) | | **Being My Best**   * SCARF hotel (Y4) * Harold’s seven R’s (Y4) * My school community (Y5) * Independence and responsibility (Y5) * Basic first aid, inc. Sepsis awareness (Y6) * Five ways to wellbeing project (Y6) | | **Being My Best**   * Volunteering is cool   (Y4) |
| **Growing and Changing**   * Secret or surprise? (Y4) * Together (Y4) * How are they feeling? (Y5) * Taking notice of our feelings (Y5) * Pressure online (Y6) * Helpful or unhelpful? Managing change (Y6) | **Growing and Changing**   * All change! (Y4) * Preparing for changes at puberty (Y4) * Changing bodies and feelings (Y5) * Help! I’m a teenager get me out of here! (Y5) * I look great! (Y6) * Media Manipulation (Y6 | | **Growing and Changing**   * Moving House (Y4) * My feelings are all over the place (Y4) * Dear Ash (Y5) * Growing up and changing bodies (Y5) * Is this normal? (Y6) * Making babies (Y6) | | **Growing and Changing**   * Dear Hetty (Y5) * What is HIV? (Y6) |
| **PSHE Economic Understanding** | | | **PHSE Technology and Media** | | **PSHE Wider Safety** | |
| * Recognising money: coins, notes, cards * Using money in day-to-day provision, eg paying for fruit * Decisions about money * Spending V saving. * Loans and debt * Keeping money safe * Jobs and how money is earned and paid. | | | * Finding information using technology * The reliability of online content * Riskd of sharing information and images   Our computing curriculum further supports pupils’ understanding of internet safety in line with the NC for KS2. | | * Road and rail safety * Fire/firework safety * Deep water dangers * Rip currents * Safe use of equipment * Keeping safe in unfamiliar places * Safe us of medicines and drugs * Emergency situations and calling for help * Basic first aid | |