**Coverack Primary School PSHE Curriculum Overview**



As a small school we follow a Four Year Cycle for Two Class Schools designed by SCARF to ensure pupils of all ages develop their knowledge and understanding.

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| **PRIMROSE CLASS** |
| **CYCLE 1** | **CYCLE 2** | **CYCLE 3** | **CYCLE 4** |
| **Me and My Relationships*** All about me (R)
* My feelings (R)
* Why we have classroom rules (Y1)
* Our ideal classroom (1) (Y2)
* Looking after our special people (Y3)
 | **Me and My Relationships*** Me and my special people (R)
* How are you listening? (Y1)
* Good friends (Y1)
* How are you feeling today? (Y2)
* As a rule (Y3)
* How can we solve the problem? (Y3)
 | **Me and My Relationships*** Who can help me (R)
* Thinking about feelings (Y1)
* Our feelings (Y1)
* Types of bullying (Y2)
* Don’t do that (Y2)
* Friends are special (Y3)
 | **Me and My Relationships*** All about me (R)
* What makes me special (R)
* Feelings and bodies (Y1)
* Let’s all be happy! (Y2)
* Being a good friend (Y2)
* Thunks (Y3)
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| **Valuing Differences*** I’m special, you’re special (R)
* Same or different? (Y1)
* Unkind, tease or bully? (Y1)
* What makes us who we are (Y2)
* Respect and challenge (Y3)
* Family and friends (Y3)
 | **Valuing Differences*** Same and different families (R)
* Same and different homes (R)
* Harold’s school rules (Y1)
* My special people (Y2)
* How do we make others feel? (Y2)
* My community (Y3)
 | **Valuing Differences*** I am caring (R)
* It’s not fair (Y1)
* When someone is feeling left out (Y2)
* An act of kindness (Y2)
* Our friends and neighbours (Y3)
* Let’s celebrate our difference (Y3)
 | **Valuing Differences*** Same and different (R)
* I am a friend (R)
* Who are our special people? (Y1)
* Our special people balloons (Y1)
* Solve the problem (Y2)
* Zeb (Y3)
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| **Keeping Myself Safe*** What’s safe to go onto my body (R)
* Super sleep (Y1)
* Harold’s picnic (Y2)
* How safe would you feel? (Y2)
* Safe or unsafe? (Y3)
* Danger or risk? (Y3)
 | **Keeping Myself Safe*** Keeping myself safe – what’s safe to go into my body (inc. medicines) (R)
* Who can help (1) (Y1)
* Good or bad touches (Y1)
* What should Harold say? (Y2)
* I don’t like that (Y2)
* The risk robot (Y3)
 | **Keeping Myself Safe*** Safe indoors and outdoors (R)
* Listening to my feelings (R)
* Sharing pictures (Y1)
* Fun or not? (Y2)
* Help or harm (Y3)
 | **Keeping Safe*** Keeping safe online (R)
* People who help to keep me safe (R)
* What could Harold do? (Y1)
* Me and my body – girls and boys (Y1)
* Should I tell? (Y2)
* Super searcher (Y3)
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| **Rights and Respect*** Looking after my special people (R)
* Harold has a bad day (Y1)
* Around and about the school (Y1)
* Playing games (Y2)
* Harold saves for something special (Y2)
* Helping each other to stay safe (Y3)
 | **Rights & Respect*** Looking after money (1): recognising, spending, using (R)
* Looking after money (2): saving money and keeping it safe (R)
* Taking care of something (Y1)
* Feeling safe (Y2)
* Recount task (Y3
* Earning money (Y3)
 | **Rights & Respect*** Looking after my friends (R)
* Being helpful at home and caring for our classroom (R)
* Basic first aid (Y1)
* How can we look after our environment? (Y2)
* Our helpful volunteers (Y3)
* Can Harold afford it? (Y3)
 | **Rights & Respect*** Caring for our world (R)
* Harold’s money (R)
* How should we look after our body? (Y1)
* Getting on with others (Y2)
* When I feel like erupting (Y2)
* Harold’s environmental project (Y3)
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| **Being My Best*** Bouncing back when things go wrong (R)
* Yes I can (R)
* I can eat a rainbow (Y1)
* You can do it! (Y2)
* My day (Y2)
* Poorly Harold (Y3)
 | **Being my best*** My healthy mind (R)
* Eat well (Y1)
* Pass on the praise (Y1)
* Harold’s Postcard – helping us to keep clean and healthy (Y2)
* Basic first aid (Y2)
* Body team work (Y3)
 | **Being My Best*** Move your body (R)
* Healthy eating (R)
* Harold learns to ride his bike (Y1)
* Harold’s bathroom (Y2)
* Top talents (Y3)
* For or against? (Y3)
 | **Being My Best*** A good night’s sleep (R)
* Harold’s wash and brush up (Y1)
* Catch it! Bin it! Kill it! (Y1)
* What does my body do? (Y2)
* Derek cooks dinner! (healthy eating) (Y3)
* I am fantastic (Y3)
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| **Growing and Changing*** Life Stages – plants, animals, humans (R)
* Life stages: Human life stage – who will I be? (R)
* Healthy me (Y1)
* A helping hand (Y2)
* Relationship tree (Y3)
* Body Space (Y3)
 | **Growing and Changing*** Seasons (R)
* Then and now (Y1)
* Who can help (2) (Y1)
* Sam moves away (Y2)
* None of your business (Y3)
* Secret or surprise? (Y3)
 | **Growing and Changing*** Where do babies come from? (R)
* Taking care of a baby (Y1)
* Surprises and secrets (Y1)
* Haven’t you grown! (Y2)
* My body, your body (Y2)
* My changing body (Y3)
 | **Growing and Changing*** Getting bigger (R)
* Me and my body – girls and boys (R)
* Keeping privates private (Y1)
* Respecting privacy (Y2)
* Some secrets should never be kept (Y2)
* Basic first aid (Y3)
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| **PSHE Economic Understanding** | **PHSE Technology and Media** | **PSHE Wider Safety** |
| * Recognising money: coins, notes, cards
* Using money in day-to-day provision, eg paying for fruit and role play activities
* How money is obtained: earned, gift, prize, borrowed.
* Keeping money safe
* Needs V wants
* Jobs and how money is earned and paid.
 | * Learning to use technology safely in all areas of learning and life
* Internet safety
* Finding information safely
* Understanding adult supervision.
 | * Road and rail safety
* Fire/firework safety
* Deep water dangers
* Safe use of equipment
* Keeping safe in unfamiliar places
* Safe us of medicines
* Emergency situations and calling for help
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| **MOHEGAN CLASS - KEY STAGE 2** |
| **CYCLE 1** | **CYCLE 2** | **CYCLE 3** | **CYCLE 4** |
| **Me and My Relationships*** Ok or not ok? (part 1)(Y4)
* Ok or not ok? (part 2) (Y4)
* Our emotional needs (Y5)
* Being assertive (Y5)
* Behave yourself (Y6)
* Assertiveness skills (Y6)
 | **Me and My Relationships*** An email from Harold! (Y4)
* Different feelings (Y4)
* Collaboration challenge (Y5)
* Give and take (Y5)
* Don’t force me (Y6)
* Acting appropriately (Y6)
 | **Me and My Relationships*** Human machines (Y4)
* Under pressure (Y4)
* How good a friend are you? (Y5)
* Relationship cake recipe (Y5)
* Working together (Y6)
* Solve the friendship problem (Y6
 | **Me and My Relationships*** When feelings change (Y4)
* Communication (Y5)
* Let’s negotiate (Y6)
* Dan’s day (Y6)
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| **Valuing Differences*** The people we share our world with (Y4)
* That is such a stereotype! (Y4)
* Qualities of friendship (Y5)
* Kind conversations (Y5)
* Advertising friendships (Y6)
* Boys will be boys? – challenging gender stereotypes (Y6)
 | **Valuing Difference*** Friend or acquaintance? (Y4)
* Islands (Y4)
* Is it true? (Y5)
* Start, stop, stereotypes (Y5)
* Ok to be different (Y6)
* We have more in common than not (Y6)
 | **Valuing Difference*** Can you sort it? (Y4)
* What would I do? (Y4)
* Happy being me (Y5)
* The land of the red people (Y5)
* Respecting differences (Y6)
* Tolerance and respect for others (Y6)
 | **Valuing Difference*** It could happen to anyone (Y5)
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| **Keeping Safe*** Picture wise (Y4)
* Medicines: check the label (Y4)
* Vaping: healthy or unhealthy? (Y5)
* Would you risk it? (Y5)
* Rat Park (Y6)
* What sort of drug is…? (Y6)
 | **Keeping Safe*** Danger, risk or hazard? (Y4)
* How dare you! (Y4)
* Spot bullying (Y5)
* Play, like, share (Y5)
* Drugs: it’s the law! (Y6)
* Alcohol: what is normal (Y6)
 | **Keeping Safe*** Keeping ourselves safe (Y4)
* Raisin challenge (Y4)
* Decision dilemmas (Y5)
* Ella’s diary dilemma (Y5)
* Think before you click? (Y6)
* To share or not to share? (Y6)
 | **Keeping Safe*** Know the norms (Y4)
* Traffic lights (Y4)
* ‘Thunking’ about habits (Y5)
* Drugs: true or false? (Y4)
* Smoking: what is normal? (Y6)
* Joe’s story (part 1) (Y6)
* Joe’s story (part 2) (Y6)
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| **Rights and Respect*** Safety in numbers (Y4)
* Why pay taxes (Y4)
* What’s the story? (Y5)
* Fact or opinion(Y5)
* Democracy in Britain 1 – Elections (Y6)
* Democracy in Britain 2 – How (most) laws are made (Y6)
 | **Rights and Respect*** Who helps us to stay healthy and safe? (Y4)
* It’s your right (Y4)
* Spending wisely (Y5)
* Lend us a fiver! (Y5)
* Two sides to everY story (Y6)
* Fakebook friends (Y6)
 | **Rights and Respect*** How do we make a difference? (Y4)
* In the news! (Y4)
* Mo makes a difference (Y5)
* Rights respect and duties (Y5)
* What’s it worth? (Y6)
* Happy shoppers – caring for the environment (Y6)
 | **Rights and Respect*** Harold’s expenses (Y4)
* Logo quiz (Y4)
* Local councils (Y5)
* Jobs and taxes (Y6)
* Action stations! (Y6)
* Project Pitch (parts 1&2) (Y6)
* Community art (Y6)
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| **Being My Best*** What makes me ME! (Y4)
* Making choices (Y4)
* Star qualities? (Y5)
* Basic first aid, inc. Sepsis awareness (Y5)
* This will be your life! (Y6)
* Our recommendations (Y6)
 | **Being my Best*** My school community (1) (Y4)
* Basic first aid (Y4)
* It all adds up! (Y5)
* Different skills (Y5)
* What’s the risk? (1) (Y6)
* What’s the risk? (2) (Y6)
 | **Being My Best*** SCARF hotel (Y4)
* Harold’s seven R’s (Y4)
* My school community (Y5)
* Independence and responsibility (Y5)
* Basic first aid, inc. Sepsis awareness (Y6)
* Five ways to wellbeing project (Y6)
 | **Being My Best*** Volunteering is cool

(Y4) |
| **Growing and Changing*** Secret or surprise? (Y4)
* Together (Y4)
* How are they feeling? (Y5)
* Taking notice of our feelings (Y5)
* Pressure online (Y6)
* Helpful or unhelpful? Managing change (Y6)
 | **Growing and Changing*** All change! (Y4)
* Preparing for changes at puberty (Y4)
* Changing bodies and feelings (Y5)
* Help! I’m a teenager get me out of here! (Y5)
* I look great! (Y6)
* Media Manipulation (Y6
 | **Growing and Changing*** Moving House (Y4)
* My feelings are all over the place (Y4)
* Dear Ash (Y5)
* Growing up and changing bodies (Y5)
* Is this normal? (Y6)
* Making babies (Y6)
 | **Growing and Changing*** Dear Hetty (Y5)
* What is HIV? (Y6)
 |
| **PSHE Economic Understanding** | **PHSE Technology and Media** | **PSHE Wider Safety** |
| * Recognising money: coins, notes, cards
* Using money in day-to-day provision, eg paying for fruit
* Decisions about money
* Spending V saving.
* Loans and debt
* Keeping money safe
* Jobs and how money is earned and paid.
 | * Finding information using technology
* The reliability of online content
* Riskd of sharing information and images

Our computing curriculum further supports pupils’ understanding of internet safety in line with the NC for KS2. | * Road and rail safety
* Fire/firework safety
* Deep water dangers
* Rip currents
* Safe use of equipment
* Keeping safe in unfamiliar places
* Safe us of medicines and drugs
* Emergency situations and calling for help
* Basic first aid
 |