

## Useful websites

[www.eefo.net](http://www.eefo.net)  
[www.eric.org.uk](http://www.eric.org.uk)  
[www.asthma.org.uk](http://www.asthma.org.uk)  
[www.childrenfirst.nhs.uk](http://www.childrenfirst.nhs.uk)  
[www.anaphylaxis.org.uk](http://www.anaphylaxis.org.uk)  
[www.nhs.uk/change4life](http://www.nhs.uk/change4life)

[www.epilepsy.org.uk](http://www.epilepsy.org.uk)  
[www.diabetes.org.uk](http://www.diabetes.org.uk)  
[www.patient.co.uk](http://www.patient.co.uk)  
[www.nhs.uk](http://www.nhs.uk)  
[www.barnardos.org.uk](http://www.barnardos.org.uk)  
[www.kidsmart.org.uk](http://www.kidsmart.org.uk)

[www.kidscape.org.uk](http://www.kidscape.org.uk)  
[www.youngcarers.net](http://www.youngcarers.net)  
[www.youngminds.org.uk](http://www.youngminds.org.uk)  
[www.penthaligonsfriends.org.uk](http://www.penthaligonsfriends.org.uk)  
[www.childline.org.uk](http://www.childline.org.uk)  
[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)  
[www.familyinformationservices.org.uk](http://www.familyinformationservices.org.uk)

## How to contact your School Nurse:

### Feedback, compliments and complaints

We welcome your views, feedback and suggestions about how we can improve the service.

If there is anything about the service that you are unhappy with, please talk to a member of staff or contact:

Customer Support Team  
Cornwall Partnership NHS Foundation Trust  
Trust Headquarters  
Porthpean Road  
St Austell, PL26 6AD

Tel: 01726 291109  
[cftcustomersupport@cornwall.nhs.uk](mailto:cftcustomersupport@cornwall.nhs.uk)

### Contacting Children's Services



Anne Hall, County Lead  
Health Visitor / School Nurse  
Tel: 01872 246933

# School Nursing Service

A guide for parents and carers of primary school aged children



# A guide for parents and carers of primary school aged children

The school nursing service forms part of your child's school health team.

We are an experienced, professional and qualified team who here to help you and your child.

The School Nurse will see your child in a school or health setting.

School Nurses have three main roles:

- to give confidential advice and care to young people and parents or carers
- support parents/young people to look after your physical and emotional health, and to make sure other people know what you need to be healthy
- to make sure children and young people with health issues receive the right NHS care and specialist services.

The School Nurse is the first person you may wish to speak to for confidential advice and information about your child's health.

## Services and support

The services and support school nurses offer include:

- health assessments for all children when they start primary school and again when they start secondary school
- all children in reception and year 6 given the opportunity to be weighed / measured
- a yearly health assessment for all children in care
- help and support for parents and carers to meet their children's health needs, such as bed wetting, healthy eating and hygiene
- confidential, one to one appointments
- signposting and information about other services
- support for education staff where a child has a health condition
- enabling participation in the Common Assessment Framework (CAF).

## Referral to other teams

The school nurse team can make referrals to other professionals and services to ensure that your child's health needs are met.

These may include:

- School Screening Service for hearing tests
- Speech and Language Therapy
- Paediatrician
- 'Keep it in the family' - healthy living, eating and exercise
- Continence Services
- Children's Mental Health Services
- Family Support Services
- Ophthalmology for eye problems
- Dietician.